

[illegible]













Bladder Diary

NAME:



 Date & Time AM		 Drinks & Fluid Intake		 Urine			 Catheter Usage	 Date & Time PM		 Drinks & Fluid Intake		 Urine			 Catheter Usage
Day	Time	Type of drink or fluid	Amount of drink/fluid (mL)	Amount of urine passed (mL)	How urgent was your need to pass urine (wee)? 1 = no urge to 3 = normal urge to 5 = strong urge	Leakage amount 1 = drops 2 = small leak 3 = soaked	1 = Success 2 = No success	Day	Time	Type of drink or fluid	Amount of drink/fluid (mL)	Amount of urine passed (mL)	How urgent was your need to pass urine (wee)? 1 = no urge to 3 = normal urge to 5 = strong urge	Leakage amount 1 = drops 2 = small leak 3 = soaked	1 = Success 2 = No success

Notes:

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